

RABBI Yael E. SAIDOFF - AMFT 109831

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WARM, PERSONABLE,
ENGAGING, INSIGHTFUL,
DEEP THINKER.

EDUCATION:

CHICAGO SCHOOL OF PROFESSIONAL PSYCHOLOGY, L.A., CA; 2018

- MARRIAGE AND FAMILY THERAPY

ZIEGLER SCHOOL OF RABBINIC STUDIES, AMERICAN JEWISH UNIVERSITY, LOS ANGELES, CA; 2010

- RABBINIC ORDINATION AND MA IN RABBINIC STUDIES.

SHILUV INSTITUTE, JERUSALEM, ISRAEL; 2009

- CLINICAL TRAINING IN FAMILY SYSTEMS THERAPY INCLUDING INTENSIVE HANDS-ON PRACTICUM.

UNIVERSITY OF CALIFORNIA SANTA CRUZ, SANTA CRUZ, CA, 2004

- BACHELOR DEGREES IN NEUROSCIENCE AND PSYCHOLOGY WITH FOCUS ON NEURO-LINGUISTICS.

BEN GURION UNIVERSITY, BE'ER SHEVA, ISRAEL; 2001

- NEUROSCIENCE STUDY AND RESEARCH ON THE TOPIC OF 'VISUO-SPATIAL ATTENTION TASKS IN THE PERIPHERY.'

AMERICAN JEWISH UNIVERSITY - SPIRITUAL COUNSELOR, ADJUNCT LECTURER, MARRIAGE RETREAT LEADER, LOS ANGELES

- FACILITATE A SAFE, OPEN ENVIRONMENT IN A RETREAT SETTING FOR NEW COUPLES TO GROW IN INTIMACY. COUPLES SHARE, DEVELOP AND ENRICH THEIR SKILLS AS RELATIONSHIP PARTNERS VIA CONFLICT RESOLUTION, COMMUNICATION SKILLS AND UTILIZING AREAS OF STRENGTH. [CURRENT]
- PROVIDE GROUP & INDIVIDUAL COUNSELING AND SPIRITUAL DIRECTION TO RABBINICAL STUDENTS. [2017-2018]
- CREATE AND INSTRUCT UNIVERSITY LEVEL CURRICULUM ON TOPICS OF COMPARATIVE MYSTICISM, GENDER, JEWISH PRACTICE, HISTORY AND ETHICS. [2011-2016]

JEWISH FAMILY SERVICES, MARRIAGE AND FAMILY THERAPIST, TRAINEE, NORTH HOLLYWOOD, CA 2017 – 2018

- PROVIDE GROUP & INDIVIDUAL COUNSELING FOR VICTIMS OF DOMESTIC VIOLENCE. DV CERTIFICATION COMPLETED.

BEIT T'SHUVAH – SUBSTANCE ABUSE TREATMENT CENTER, ASSOCIATE RABBI, LOS ANGELES, CA 2009-2012

- LEADER AT SYNAGOGUE AND RESIDENTIAL TREATMENT CENTER FOR ADULTS RECOVERING FROM SUBSTANCE ABUSE.
- ENGAGE IN WEEKLY ONE-ON-ONE COUNSELING, GUIDING PARTICIPANTS WITH RELIGIOUS TEXT, SPIRITUAL WISDOM, AND CLINICAL INSIGHTS. FOSTERING SELF-AWARENESS AND MORAL DEVELOPMENT THROUGH STUDY AND RITUAL.
- COLLABORATE WITH STAFF INCLUDING ADVISEMENT AND MANAGEMENT.
- DEVELOP MEANINGFUL & PARTICIPATORY PRAYER EXPERIENCES FUSING RECOVERY & SPIRITUAL THEMES.
- CREATE INNOVATIVE PROGRAMMING INCLUDING JOURNALING, MENTORING, AND PERSONALIZED EXERCISES.

SHOMREI TORAH SYNAGOGUE, ASSOCIATE RABBI, LOS ANGELES, CA 2016 – 2017

- LEADER AT A TRADITIONAL CONSERVATIVE SYNAGOGUE.
- CREATE AND LEAD ALTERNATIVE MEDITATION SERVICES.
- CREATE AND LEAD MUSICAL FAMILY SERVICES.
- CREATE AND LEAD ADVANCE COURSES IN PRAYER PRACTICE.
- SERVE AS RABBINIC MODEL AND TEACHER FOR PRE-SCHOOL COMMUNITY.

CONGREGATION MAKOM OHR SHALOM, HEAD RABBI, LOS ANGELES, CA 2014 – 2015

MEDITATION INSTRUCTOR:

- **ADAT ARI EL**, VALLEY VILLAGE, CA; 2011-2014
- **CONGREGATION SHOMREI TORAH**, WOODLAND HILLS, CA; 2013
- **TEMPLE ALIYAH**, WOODLAND HILLS, CA; 2006-2008
- **AMERICAN JEWISH UNIVERSITY**, LA, CA; 2004-2006
- **JEWISH HOSPICE PROJECT**, LA, CA; 2005

BRANDEIS BARDIN COLLEGIATE INSTITUTE, EDUCATION FELLOW, BRANDEIS, CA, 2008

- LEAD THOUGHT PROVOKING EDUCATIONAL PROGRAMS EXPLORING JEWISH IDENTITY, RITUAL, AND EVERYDAY JEWISH LIVING IN INTENSIVE SUMMER INSTITUTE FOR 80 JEWISH YOUNG ADULTS AGES 18-26.
- DEVELOP AND LEAD INNOVATIVE MUSICAL PRAYER SERVICES, COUNSEL PARTICIPANTS, ENGAGE IN RELATIONSHIP-BUILDING, ORGANIZE AND TEACH WORKSHOPS AND INTERACTIVE TEXT-BASED JEWISH STUDY.

TASK FORCE ON HUMAN TRAFFICKING, RABBINIC INTERN, JERUSALEM, ISRAEL; 2007-2008

- ENGAGE DIVERSE GROUPS IN INFORMATIONAL SEMINARS TO RAISE AWARENESS ABOUT HUMAN TRAFFICKING.
- DEVELOP IN-DEPTH MULTI-LINGUAL EDUCATIONAL MATERIALS INCORPORATING JEWISH VALUES.
- COLLABORATE WITH PARTNER ORGANIZATIONS TO IMPLEMENT OUTREACH INITIATIVES AND COMMUNITY ORGANIZING.

BNAI BRITH YOUTH ORGANIZATION, BBYO RABBI-IN-RESIDENCE FOR TEEN PROGRAM, LOS ANGELES, CA; 2006

- CREATE ENGAGING CLASS MATERIALS, LEAD INSPIRING PRAYER SERVICES, AND INSTRUCT TEENS ON TOPICS OF AUTHENTIC PRAYER, JEWISH MYSTICISM, AND ENVIRONMENT.
- ORGANIZE COMMUNITY SERVICE PROJECTS, MENTOR AND EMPOWER PARTICIPANTS TO WRESTLE WITH JEWISH TEXT.
- MODEL AUTHENTIC JEWISH LIVING IN HOLISTIC SETTING.

HISTORY CHANNEL, TRANSLATOR FOR BILL BRUMMEL PRODUCTIONS, STUDIO CITY, CA; 2005

- TRANSLATE AND CONSULT ABOUT INTERVIEWS OF HOLOCAUST SURVIVORS FOR HISTORY CHANNEL FEATURE FILM.

NASHUVA, HIGH HOLIDAY PRAYER BOOK EDITOR, LOS ANGELES, CA; 2005

- EDIT, COMPILE READINGS, AND AUTHOR INSPIRATIONAL CONTEMPLATIVE PRAYERS FOR THE HIGH HOLIDAYS.

PUBLIC TALKS:

- MINDFULNESS AND PARENTING TEENS, JEWISH FEDERATION, LOS ANGELES, CA; 2017